



# Nurse Assisting

Approved by NYS Department of Health



NURSE ASSISTING develops the skills, attitudes, and knowledge necessary to care for the sick in health care institutions and private homes. Skills developed in this program may be used as a direct entry to employment or as a preparatory course for Professional Health Careers or Adult Health Career Programs. Practical application of theory is stressed while performing hands on patient care to simulate industry standard practice.

Upon completion of this one-year program students who are Certificate eligible (those who have passed the Nurse Assisting class, fulfilled their clinic hours, and met attendance and testing applications requirements) will sit for the Certified Nurse Aide (CNA) examination which is a requirement to successfully complete Nurse Assisting. To view specific testing requirements, visit [https://www.prometric.com/sites/default/files/NY\\_NA\\_Bulletin.pdf](https://www.prometric.com/sites/default/files/NY_NA_Bulletin.pdf). Students who have met the above criteria, and have attempted the CNA exam, are eligible to enter the Professional Health Careers program the following year.

*\*Additional medical requirements are necessary for full participation in this program including but not limited to a physical (beyond what the school requires) and vaccinations i.e. flu, COVID-19. These requirements are subject to change as per current health guidelines.*

## Work Environment

Nurse Assistants engage in bedside nursing care under the direction of a LPN or registered nurse. Job duties include assisting the Practical or Registered Nurse, in caring for patients, including bathing, dressing, feeding, transporting, bed making and personal needs. The Nurse Assistant may work in a hospital, a nursing home, or provide care for patients in their home. The Nurse Assistant has the opportunity to work any shift including weekends and holidays.

## Career Opportunities

Certified Nurse Assistant  
Geriatric Aide  
Home Health Aide  
Psychiatric Attendant  
Rehabilitation Aide

## Advanced Standing Available\*

Upon successful completion of Professional Health Careers (PHC)  
\*College credits may be earned by meeting the criteria of articulation agreements (see listing in Handbook) Tech has established with SELECT colleges. In addition, check directly with the post-secondary institutions for any additional credits they may offer.

## Certification Requirements

All students successfully completing this program will be eligible for the NYS DOH Nurse Aide Certification Examination provided they meet the clinical and classroom attendance requirements.

## Academic Credits integrated:

Tech Math, Tech Phys Sci, Eng. 12, Health, CFM, Comp App

## CTE Endorsement\*

Students must successfully meet the academic and attendance criteria for a two-year Wilson Tech Certificate of Completion, be High School diploma eligible, and pass the following state certification exam: NYS Nurse Aide Competency Exam, Nurse Assisting Certification Exam (CNA).

Please note: In order to take the NYS Exam, students must also complete required clinical hours.

\*In addition, students who complete their 2<sup>nd</sup> year in Professional Health Careers, and meet all criteria, may be eligible for CTE Endorsement.

## Student Supplies

Additional supplies will need to be purchased for this program including a uniform.

## Average Annual Wage

Salaries are subject to market fluctuations.  
For the most current updates on local & national wages go to job search engines on the internet and [www.careerzone.ny.gov](http://www.careerzone.ny.gov)

## Course Requirements

Students must have a complete physical in order to participate in the clinical component.

## Course Outline

- Introduction to Health Careers
- Interpersonal Relationships
- Anatomy and Physiology
- Nutrition
- Long-term Care
- Medical Terminology
- Supervised Off-site Clinical Experience (108 hrs)
- Legal and Ethical Responsibility
- First Aid
- Diseases and Disorders