



Life Skills

LIFE SKILLS trains secondary special needs students to meet the challenges of daily living with competency and confidence. The course provides the students with basic information needed to make well thought out decisions in school and at home, in addition to orienting student to life beyond school. Students are eligible to receive 4 ½ credits for each year of successful participation in the program.

Work Environment

Students in the Life Skills program gain basic information and skills to take them beyond their years of school toward independent living.

Career Opportunities

Custodial Assisting
Fast Food Worker
House Cleaner
Cashier – Supermarket or Retail
Childcare Assistant
Stockroom Assistant
Personal Care Aide

Employment Outlook

There continues to be a demand for entry level positions in various occupations depending upon the ability and functional level of the individual.

Course Outline

- School Skills
- Vocational Skills
- Problem-Solving Skills
- Interpersonal Skills
- Communication Skills
- Money Management
- Introduction to World of Work
- Food Nutrition: Meal Planning and Preparation
- Basic Living Skills
- Health
- Transportation

Related Course at Wilson Tech

- Building and Grounds/ Maintenance
- Health Aide
- Retailing
- Food Services

Scheduling Information

Grades: 9-12
Units: 4½ ea yr
Location: Manor
Plains
Sessions: AM